



Workplace Happiness ~ The Power of Positivity

Soul Sister Solutions

Living with Purpose



Stacie Harris Speaker Information:

Greetings!

Thank you for your interest in having Stacie speak at your upcoming event. In this document we are including a link to Stacie's demo video, photo, bio and descriptions for her most requested signature presentations.

Stacie delivers a top-notch interactive event and promises the right message for your unique audience. Guaranteed, your people will have an experience! Helping executives and organizations increase performance, leadership skills, and creating workplace happiness is what it's all about.

Executives and organizations will receive high level content, inspirational stories and will see how to cope with challenges and move past them. They are provided simple skills that are practical and powerful. Tools that make a difference and will allow your audience to move forward, build confidence and produce empowered leaders. Stacie gets the job done! She delivers for you.

If you should need any further information, please feel free to contact us by email at soulsistersolutions@gmail.com or by phone at 801-866-3567.

Looking forward to providing another great event for you!

Continued success,

Your Soul Sister Solutions Support Team!

Soul Sister Solutions

Stacie Harris

Speaker~Trainer~Mentor

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Workplace Happiness ~ The Power of Positivity



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YouTube

Demo Video:

Workplace Happiness Video <https://youtu.be/LVE2tSeIKZQ>

Headshot photo:

<https://drive.google.com/open?id=0B75-Jyth1V2nTTFhVHhvUjN6V2c>

Stacie's website: www.StacieHarris.com

Connect with Stacie on Facebook/Fan Page Soul Sister Solutions

Bio – (100 words) <https://drive.google.com/file/d/0B75-Jyth1V2neUhpQ2FVRVZTTTFU/view?usp=sharing>

Sought out speaker, trainer and mentor Stacie Harris connects with her audience. She is a master presenter by spreading positivity from the front row to your bottom line. She will educate and train your group, equipping them with life changing tools to create a positive-productive work environment. She is a body language expert and a powerful communicator. Audiences say Stacie leaves them seeing obstacles as opportunities, feeling inspired and empowered with the right tools to succeed in business and in their personal lives. Her Mantra-Get Comfortable with the Uncomfortable, and have fun doing it! Stacie will motivate your team to show up for success!

Long Bio – (175 words) <https://drive.google.com/file/d/0B75-Jyth1V2nQkFiYnFJTTh2QjQ/view?usp=sharing>

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She is a master of communication and creates the perfect balance between information and inspiration. Stacie has a degree in Communications and Sales Technology from Weber State University, where she also was selected as Woman of the Year. She is the founder of Harmony House, a charity that gathers funds for education expenses for single parents. She has also loved serving and training in the corporate community for nearly 11 years.

She is known for being a very successful single mom, who is devoted to three amazing children. Her Mantra-Get Comfortable with the Uncomfortable, and have fun doing it!

Testimonials

“Stacie is an inspired teacher who is excited to share the tools and skills she has learned in order to help us grow personally and with our families. She is very upbeat, vibrant and brings joy where ever she goes. It has been my privilege to learn from her and to being her presence.” Jewels A. Professional Maid Services

“I have learned to train my brain to refocus on positive thoughts and learning to be more of a creative thinking and have been given the tools to make changes in my life. As I make changes within me, I make changes with those around me.” Lee B. Printing Consultant

“Stacie has opened my eyes to new ways of seeing ‘me.’ It has been empowering to see the changes in my confidence and pass that to my family.” Trisha M. I.R.S. Secretary

“This has been the most amazing learning experience, opening up visions of possibility-seeing myself and my world colored in a brilliant new light.” Becky B. Intermountain Health Care HR.

“Busy thinking and creative thinking has brought me out of a deep depression. I have come to realize I am not worthless. I am AMAZING and Beautiful! Stacie has done a wonderful job, she is an excellent speaker and I understood everything she talked about.” Cathy C. Homemaker

“I learned that I can retrain my brain to stop the negative internal dialog that has plagued me for so long. I learned how to see myself as I truly am- amazing, loveable and capable. This has been life changing! Stacie is a perfect instructor, mentor and friend.” Denise H. Homemaker

Stacie's Most Popular Topics

On the following pages you will find 3 of Stacie's most requested presentations including descriptions and learning points. Let us know which talk you feel would best fit your audience by making sure you fill out the audience form. Also know that Stacie has versions of these talks for any time frame you may be trying to fill – 10 minutes – half day events.

Workplace Happiness Business series is a customized corporate training program to educate, train and inspire people to ROCK the planet in a big way!

It's for those businesses who want to increase positive behavior, positive mental focus, deepen relationships, produce results, and inspire their families to reach their peak potential. These topics provide multiple brain training tools to make a mental shift, to increase and achieve the confidence and self-esteem one desires.

Below are titles and training descriptions. Each training is based on a two-hour training. Looking for a full day training? Choose a topic and/or topics and number of training hours for your customized corporate event.

Brain Bully Management

Brain Bully Management is a powerful brain training tool! It teaches how to manage the negative thoughts i.e. Brain Bullies. Yes, it's true!

Every human on the planet has Brain Bullies. Brain Bully Management is a great educational tool to learn how to increase your results because thoughts trigger emotions, emotions put actions into place which produces our results. The power of learning Brain Bully Management is priceless!

With breakthrough research of positive psychology from universities like Harvard, Stanford, U.C. Berkley studies show happiness is a skill and can be learned. That's great news!

Think about it! You've been taught basic life skills brushing your teeth, cleaning, reading, writing, but have you been taught how to manage your thoughts and emotions? It's your EQ- your Emotional Quotient. Optimism—like any other skill—All it takes is deliberate mental focus.

As you begin to track your negative thoughts, you will learn how to choose positive statements over believing the negative programming.

Happiness Begins on the INSIDE - Check in TODAY!

- Do you feel overwhelmed?
- **Are you feeling sad or tired?**
- Are you feel like you are not good enough?
- **Are you finding life is too heavy to carry?**

You will learn:

- How to identity the emotions that are in your space
- **How to let go of perfectionist tendencies**
- How to master the negative mind chatter

The Measuring Stick of Emotions program provides the tools to make a mental shift, increase positive behavior, mental focus, deepen relationships, produce results for improved workplace happiness

VISION BOARD SUCCESS

Vision Board Success teaches you how to create what you can envision!

- Do you find yourself dreaming and wishing you had more out of life?
- **Are you wondering how to achieve your goals?**
- Do you feel like a loser because you don't finish what you start?
- **Do you know how to use your cell phone more than your brain?**

You will learn:

- Learn the peak time to put your brain to work
- **Special vision board mapping**
- Brain Bully Mastery
- **Learn how to increase your results and get your goals!**